

Speaker | Clinician | Sex(uality) Educator & Therapist



Dr. Donna Oriowo (oreo-whoa!) is an international speaker, clinical social worker, and a sex & relationship educator and therapist. Dr. Oriowo is a first generation Nigerian-American, first born, book reading, school loving, therapy doing, passionate teaching, founder of AnnodRight. Dr. Donna combines mental health, sexuality, and intersectionality to create and present dynamic and transformational presentations that are both educational and entertaining.

With a focus on developing healthy Black female sexuality, Dr. Donna has completed keynotes, presentations, trainings, and workshops that fill the gap and assist Black women and couples in finding their sexual freedom, while being culturally relevant. Dr. Donna collects inspiring quotes, travels to expand her mind and shift her worldview, gives firm handshakes, warm hugs, and knocks on the head.

Testimonials

Understanding the history of Black women's hair and the public sector is crucial to understanding Black women's sexuality. Representing Black women's hair accurately in film helps to breakdown harmful assumptions about Black women's hair. I assumed all hair was more or less the same, you either straightened it, curled it, or it was natural... but Dr. Oriowo's presentation opened my eyes to a whole other side of it. Watching those little kids talk about the hair they wished they had struck a chord with things my girlfriend has said to me, as well as how their mothers justified their decisions."

Student at Towson University; Hair we Go!: Black Women's Hair and Sexuality in Media

I had an opportunity to hear Dr. Donna speak at the National Sex Ed Conference in 2017 and her presentation was illuminative and transforming. Her discussion about negotiating race and some of the challenges that exist for people of color was sobering and refreshing. I'm looking forward to future collaborations with her.

-James C. Wadley, Ph.D., L.P.C. (PA & NJ), ACS, NCC, IMHF, CSTS, Editor in Chief of the Journal of Black Sexuality and Relationships, Principal of the Association of Black Sexologists and Clinicians I thought Dr. Oriowo's use of a variety of engaging interactive learning strategies was well-thought out. As a trainer myself, I sometimes wonder "is now the right time for small groups? Paired discussion? Large group movement?" and Dr. Oriowo absolutely nailed each selection. Beyond appreciating the topic presented in its own right, I admired the thought that went into presenting a session for such a large group...Watching her facilitation skills leaves me thinking that if she is on the agenda, I'm attending, whatever the topic.

William "Bill" Taverner, MA, CS, Editor of the American Journal for Sex Education, Executive Director of the Center of Sex Education

Signature Talks

Real and Raw: Having sexual health talks with adolescent clients

Hair we Go!: Black Women's Hair and Sexuality in Media Cocoa Butter and Hair Grease: Exploring Sexuality Through Colorism and Texturism Snatching Edges: Why Black Hair Matters in Sexuality and Mental Health

College Talk: Let's Talk about S-E-X!